

F1 Home Learning

Self-confidence and awareness:

Look in the mirror at your face. Ask a grown up to take a photograph. Draw or paint a picture of yourself. What do you like about yourself?

Managing feelings and behaviour: Play board games or role play to encourage turn taking. Could you be a kind friend? Ask a grown up to write down all the kind things you have done.

Understanding: Read some of your favourite stories. Can you retell the stories and the key events?

Phonics - Sound Focus - 'm.'

This week, our focus will be on the m sound. Your children might say "Maisie, Mountain, Mountain." Why not go on a hunt round your house to find objects beginning with m? You could take photographs of what you find or draw them! Show us using the #AlwaysARiversider. For forming the letter, use the rhyme 'Down Maisie, over the mountain, over the mountain.'

Reading

Reading: Look at your food cupboards, catalogues, magazines etc. What company logos can you recognise? E.g. Costa, Disney, Asda, Tesco,

Heinz, McDonalds, Peppa Pig etc. Perhaps you could cut them out and stick them on a piece of paper.

What is your favourite story? See if you can retell it to a grown up.

Maths - Number

Practice your counting skills. Can you count to 10? Can you count even higher numbers? You could sing our favourite counting songs too! BBC School Radio is a fantastic resource for songs. [BBC Counting Songs](#)

[Five Little Men in a Flying Saucer](#)

[Five Little Ducks](#)

[1,2,3,4,5 Once I Caught a Fish Alive](#)

[10 Fat Sausages](#)

You could look for numbers around your house and say the number you see. Show on your finger the value of the number. Take some photographs to show us what numbers you have found!

Maths - Shape

Go on a shape hunt in your house and garden! See if you can name the shapes of the objects you see. We are all very good at recognising a door is a rectangle! You could play Name That Shape with your grown ups or brothers and sisters.

Moving and Handling

Why not practice throwing and catching skills in the sun? You could count how many times you catch the ball.

Play the animals walking game! Walk, crawl, slide or bounce like different animals, such as bears, tigers, kangaroos or crabs.

Cosmic Yoga is perfect for relaxing! See our Keeping Healthy page for links to Cosmic Yoga.

Writing: Make a poster for your friends to encourage them to keep washing their hands.

Exploring and using media and materials: Make your own super easy playdough, using this simple recipe

Ingredients

- 2 cups plain flour
- 1 cup salt
- 1 tbs oil
- 1 cup cold water

- 2 drops liquid food colouring (a small amount of paint can be used instead)

Method

1. Combine plain flour and salt.
2. Add water, food colouring and oil. Mix until ingredients are combined
3. Knead well
4. If consistency is too wet add a little plain flour.

Here are a few Dough Disco dances for you to have a go at:

Dough Disco- Shonnette Bason

<https://www.youtube.com/watch?v=i-lfzeG1aC4>

If you're happy and you know it

<https://www.youtube.com/watch?v=DrBsNhwxzgc>

Funky Feet Music-Play

<https://www.youtube.com/watch?v=zJQ2CaA7E50>

Or you could free style with some of your favourite songs, like we do in class! Choose your favourite song to get moving!

We can't wait to see your lovely work. Stay safe!

Love from Miss McNabb and Mrs Owen xxx

